

## Back Right Up

I'm loving, I'm needing, to feel that, I belong  
I'm knowing, I'm seeing, to learn how, to love me  
Esteem is high now, I built it back right up  
All I know, the solution, lies in me, to be free  
as a bird, flourishing

Know I should, treat my-self, as a friend, I once had  
This someone, just loved me, completely, was lovely  
Support me, hold me, and lift me, back right up  
Reap what I, sow and I, keep going, until I

Get to a, place I can be so free  
I told you we'd make it, there's no need to fake it

My life now, is so pretty, with beauty all around  
Connected, so deeply, I'm feeling pretty high  
I like me, good to me, treat myself as friend  
I know now it's alright, to look after me as well

Get to a, place I can be so free  
**I told you we'd make it, there's no need to fake it**